

॥ atha vibhūtipādaḥ ॥

deśabandhaḥ - cittasya<sup>1</sup> dhāraṇā | 1 |

tatra - pratyayaikatānatā - dhyānam | 2 |

tadeva - arthamātranirbhāsaṃ - svarūpaśūnyamiva<sup>1</sup> -  
samādhiḥ | 3 |

trayamekatrā - saṃyamah | 4 |

tajjayāt - prajñālokaḥ | 5 |

tasya bhūmiṣu - viniyogaḥ | 6 |

trayamantaraṅgaṃ - pūrvebhyaḥ | 7 |

tadapi bahiraṅgaṃ - nirbijasya | 8 |

vyutthānanirodhasaṃskārayoḥ -

abhibhavaḥprādurbhāvau -

nirodhakṣaṇacittānvayo -

nirodhapariṇāmah | 9 |

tasya - praśāntavāhitā - saṃskārāt | 10 |

sarvārthataikāgratayoḥ - kṣayodayau - cittasya -

samādhipariṇāmah | 11 |

tataḥ - punaḥ - śāntodītau - tulyapratyayau -

cittasya - ekāgratāpariṇāmah | 12 |

etena - bhūtendriyeṣu - dhārma - lakṣaṇa - avasthā -  
pariṇāmāḥ - vyākhyātāḥ | 13 |

śānta - uḍīta - avyapadeśya - dharmānupātī -  
dharmī | 14 |

kramānyatvaṃ - pariṇāmānyatve hetuḥ | 15 |

pariṇāmatrayasaṃyamāt - atītānāgatajñānam | 16 |

śabdārthapratyayānām - itaretarādhyāsāt - saṅkaraḥ -  
tatpravibhāgasamāyamāt -

sarvabhūtarūtajñānam | 17 |

saṃskārasākṣātkaraṇāt - pūrvajātijñānam | 18 |

pratyayasya - paracittajñānam | 19 |

na ca - tatsālambanaṃ - tasyāviṣayībhūtatvāt | 20 |

kāyarūpasamāyamāt - tadgrāhyaśaktistambhe - cakṣuḥ -  
prakāśāsamprayoge - antardhānam | 21 |

sopakramaṃ - nirupakramaṃ ca karma -

tatsamāyamāt - aparāntajñānam - ariṣṭebhyo vā | 22 |

maitryādiṣu - balāni | 23 |

baleṣu - hastibalādīni | 24 |

pravṛtṭyāloḥkanyāsāt - sūkṣma - vyavahita -  
viprakṛṣṭajñānam | 25 |  
bhuvanajñānam - sūrye saṃyamāt | 26 |  
candre - tārvyūhajñānam | 27 |  
dhruve - tadgatijñānam | 28 |  
nābhicakre - kāvyūhajñānam | 29 |  
kaṇṭhakūpe - kṣutpipāsānivṛtṭiḥ | 30 |  
kūrmanādyām - sthairyam | 31 |  
mūrdhajyotiṣi - siddhadarśanam | 32 |  
prātibhādvā - sarvam | 33 |  
hr̥daye - cittaśaṃvit | 34 |  
sattvapuruṣayoḥ - atyantāsāṅkirṇayoḥ - pratyayāviśeṣo  
bhogaḥ - parārthatvāt - svārthasaṃyamāt -  
puruṣajñānam | 35 |  
tataḥ - prātibha - śrāvaṇa - vedana - ādarśa - āsvādavārtā  
- jāyante | 36 |  
te - samādhāvūpasargāḥ - vyutthāne siddhayaḥ | 37 |  
bandhakāraṇaśaithilyāt - pracārasaṃvedanācca -  
cittasya - paraśarīrāveśaḥ | 38 |

udānajayāt - jala - paṅka - kaṇṭakādiṣu - asaṅgaḥ -  
ūtkrāntiśca | 39 |  
samānajayāt - jvalanam | 40 |  
śrotrākāśayoḥ - saṃbandhasaṃyamāt - divyaṃ  
śrotram | 41 |  
kāyākāśayoḥ - saṃbandhasaṃyamāt -  
laghutūlasamāpateśca - ākāśagamānam | 42 |  
bahirakalpītāvṛtṭiḥ - mahāvīdehā - tataḥ -  
prakāśāvaraṇakṣayaḥ | 43 |  
sthūla - svarūpa - sūkṣma - anvaya -  
arthavattvasaṃyamāt - bhūtajayaḥ | 44 |  
tato'ṇimādiprādurbhāvaḥ - kāyasaṃpat -  
taddharmānabhigātaśca | 45 |  
rūpa - lāvaṇya - bala - vajrasaṃhananātvāni -  
kāyasaṃpat | 46 |  
grahāṇa - svarūpa - asmitā - anvaya -  
arthavattvasaṃyamāt - indriyajayaḥ | 47 |  
tato manojavitvaṃ - vikaraṇabhāvaḥ -  
pradhānajayaśca | 48 |

sattvapuruṣa - anyatākhyātimātrasya -

sarvabhāvādhiṣṭhātrtvam - sarvajñātrtvam ca | 49 |

tadvairāgyādapi - doṣabījakṣayē - kaivalyam | 50 |

sthānyupanimantraṇe - saṅgasmayākaraṇam -

punaraniṣṭāprasāṅgāt | 51 |

kṣaṇatatkramayoḥ - saṁyamāt - vivekājam - jñānam | 52 |

jātilakṣaṇadeśaiḥ - anyatā - anavacchedāt - tulyayoḥ -

tataḥ - prātipattiḥ | 53 |

tārakam - sarvaviṣayam - sarvathāviṣayam - akramam

ceti - vivekājam jñānam | 54 |

sattvapuruṣayoḥ - śuddhisāmye - kaivalyam || 55 ||

|| iti pātāñjala yoga darśane vibhūtipādaḥ ||

|| pātāñjalayogadarśanam III 1-55 ||