

*taittirīya upaniṣat (mahānārāyaṇa) IV 18*

*- ṛtaṃ tapas*

om ṛtaṃ tapas̄satyaṃ tapas̄śrūtaṃ tapas̄śāntaṃ tapo  
daṃstapas̄samastapo dānaṃ tapo yajñastapo  
bhūrbhuvassuvarbrahmaitadupās̄vaitattapaḥ ॥

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