

taittirīya brāhmaṇa

III. 10. 8.

- laghu nyāsa – agnir me

agnirmē vāci śrītaḥ |  
vāghṛdaye |  
hṛdayaṃ mayi |  
ahamamṛte |  
amṛtaṃ brahmaṇi ||  
vāyurmē prāṇe śrītaḥ |  
prāṇo hṛdaye |  
hṛdayaṃ mayi |  
ahamamṛte |  
amṛtaṃ brahmaṇi ||  
sūryome cakṣuṣi śrītaḥ |  
cakṣurhṛdaye |  
hṛdayaṃ mayi |  
ahamamṛte |  
amṛtaṃ brahmaṇi ||  
candramā me manasi  
śrītaḥ |

mano hṛdaye |  
hṛdayaṃ mayi |  
ahamamṛte |  
amṛtaṃ brahmaṇi ||  
diśo me śrotre śrītaḥ |  
śrotragṃ hṛdaye |  
hṛdayaṃ mayi |  
ahamamṛte |  
amṛtaṃ brahmaṇi ||  
āpo me retasi śrītaḥ |  
reto hṛdaye |  
hṛdayaṃ mayi |  
ahamamṛte |  
amṛtaṃ brahmaṇi ||  
pṛthivi me śarīre śrītā |  
śarīragṃ hṛdaye |  
hṛdayaṃ mayi |  
ahamamṛte |  
amṛtaṃ brahmaṇi ||

oṣadhivanaspatayo me  
lomasu śrītāḥ |  
lomāni hṛdaye |  
hṛdayaṃ mayi |  
ahamamṛte |  
amṛtaṃ brahmaṇi ||  
indro me balē śrītaḥ |  
balagṃ hṛdaye |  
hṛdayaṃ mayi |  
ahamamṛte |  
amṛtaṃ brahmaṇi ||  
parjanya me mūrdhni  
śrītaḥ |  
mūrdhā hṛdaye |  
hṛdayaṃ mayi |  
ahamamṛte |  
amṛtaṃ brahmaṇi ||  
īśāno me manyau śrītaḥ |  
manyurhṛdaye |

hṛdayaṃ mayi |  
ahamamṛte |  
amṛtaṃ brahmaṇi ||  
ātmā mā ātmani śrītaḥ |  
ātmā hṛdaye |  
hṛdayaṃ mayi |  
ahamamṛte |  
amṛtaṃ brahmaṇi ||  
punārma ātmā  
punarāyurāgāt |  
punah prāṇah  
punarākūtamāgāt |  
vaiśvānaro raśmibhīrvā-  
vrdhānah |  
antastiṣṭhatvamṛtasya  
gopāḥ ||

|| taittirīya brāhmaṇa III. 10. 8. ||