



Learn Yoga Sutra Chanting

with Paul Harvey

Chant pupil of TKV Desikachar over 20 years

As Paul is already teaching a fortnightly level III/IV Yoga Practice Group Class in Bristol, he is going to start a Traditional Yoga Chanting Class before it for interested students.

Each meeting will focus on developing the principles of Yoga Chant and authentic Sanskrit Mantra practice through practical experience along with theory teaching on Chant and Sanskrit.

The Chanting group will commence in September on Wednesday evenings from 6.00 - 6.45pm.

There will be no fee for those in the later class and a fee of £3.00 per class for all others. Applications are invited from interested students for a place.

For further information on Paul and his teaching background visit: www.yogastudies.org

To contact Paul email: info@yogastudies.org